



ALLERGEN & NUTRITIONAL *Information*

We make our doughnuts fresh daily using many ingredients and shared equipment. Whilst we take steps to minimise the risk of cross contamination, we cannot guarantee that any of our products are free from allergens (including cereals containing gluten, milk, eggs, soya and nuts).

There are 14 major allergens which need to be declared when used as ingredients. We provide information on the allergens we handle in this guide which are: nuts, eggs, milk, soya and cereals containing gluten.

If you have a query about any other ingredient, please ask a member of our team who will contact our Customer Care team or alternatively, please contact: helpdesk@krispykreme.co.uk. Please also don't hesitate to ask a member of staff if you are having trouble locating the information you'd like to see within this guide.

For all packaged food, please refer to the packaging for full allergen information.

✓ in a column indicates that the product contains that allergen and is therefore not suitable for a person with an allergy or intolerance to it.

- In a column indicates that the product may contain that allergen due to cross contamination from using shared equipment. Whilst we try to minimise this risk, we cannot guarantee the absence.

The 'Yes' / 'No' in the column entitled 'Dietary Choices' details information supplied by the ingredient suppliers.

PLEASE NOTE:
This guide is for UK only

Gluten is a protein component of **wheat, rye, barley & oats**.

Milk includes all products containing milk or milk derivatives e.g. cream.

The treenuts / **nuts** column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their derivatives. The 'Tree Nut Source (if present)' column indicates which tree nut is present in the product.

Drinks - please note that all our drinks nutrition information has been calculated using published data. Please also note that some of our drinks made with **soya** milk may contain other ingredients made from cows' milk.

Vegetarian - we consider our products to be suitable for Vegetarians, however we are not Vegetarian certified.

Vegan - we now offer a vegan range which have been certified by The Vegan Society, however, please be aware we cannot guarantee they are suitable for those with egg or milk allergies due to manufacturing methods and potential risk of cross contamination.



Halal - we consider our doughnuts to be suitable for anyone who follows a Halal diet, however we are not Halal certified.

Kosher - we consider our doughnuts to be suitable for anyone who follows a Kosher diet, however we are not Kosher certified.

KEY
Vegetarian / Vegan / Halal
Columns
YES = Suitable for this diet
NO = Unsuitable for this diet

Allergens Column
✓ = Contains Allergen

Example of how to use the tables - if a customer asks which allergens are present in Original Glazed, help them to find the correct data and advise them to read the contents key and this section before making their choice.

As we use many ingredients and shared equipment, we cannot guarantee our food to be allergen free. Please check the information in this guide regularly as we introduce new products and ingredients throughout the year which may impact the allergens we handle. Some doughnuts have small pieces of topping which could be considered a choking hazard.

	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
Product Description	Suitable for vegetarians	 Vegan Certified	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
DOUGHNUTS - RINGS & BITES																					
 Original Glazed	YES	NO	YES	✓				✓													
 Vegan Original Glazed (NWD only)	YES	YES	YES	✓				✓													
 Personalised OG	YES	NO	YES	✓				✓													
 Personalised Vegan OG (NWD only)	YES	YES	YES	✓				✓													
 Sprinkles	YES	YES	YES	✓				✓													
 Mini Original Glazed	YES	NO	YES	✓				✓													
 Mini Chocolate Sprinkles	YES	NO	YES	✓				✓													
 Mini Strawberry Sprinkles	YES	NO	YES	✓				✓													
 OG Bites (1 serving = 2 bites)	YES	NO	YES	✓				✓													

ALLERGY ADVICE: Please be aware we cannot guarantee that **any** of our products (including drinks) are free from allergens (including cereals containing gluten, milk, eggs, soya and nuts) due to our manufacturing methods.

Choc	Nutrition Per 100g									Nutrition Per Portion									
Product Description	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (g)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
DOUGHNUTS – RINGS & BITES																			
 Original Glazed	1877	450	28	15	43	23	2.8	5.5	0.45	50g	939	225	14	7.3	21	11	1.4	2.8	0.22
 Vegan Original Glazed (NWD only)	1877	450	28	15	43	23	2.8	5.5	0.45	50g	939	225	14	7.3	21	11	1.4	2.8	0.22
 Personalised OG	1870	448	27	15	44	25	2.7	5.3	0.44	52g	973	233	14	7.6	23	13	1.4	2.8	0.23
 Personalised Vegan OG (NWD only)	1870	448	27	15	44	25	2.7	5.3	0.44	52g	973	233	14	7.6	23	13	1.4	2.8	0.23
 Chocolate Sprinkles	1810	433	23	12	51	35	2.6	4.5	0.37	63g	1140	273	14	7.6	32	22	1.6	2.8	0.23
 Mini Original Glazed	1948	467	29	16	44	20	2.7	5.3	0.53	25g	487	117	7.3	4.0	11	5	0.68	1.3	0.13
 Mini Chocolate Sprinkles	1866	446	24	13	52	33	2.5	4.3	0.43	32g	588	141	7.4	4.1	16	10	0.79	1.4	0.14
 Mini Strawberry Sprinkles	1854	445	24	13	53	33	2.1	4.1	0.41	33g	603	145	7.7	4.2	17	11	0.68	1.3	0.13
 OG Bites (1 serving = 2 bites)	1871	449	27	14	44	18	3.4	5.5	0.55	22g	412	99	6.0	3.2	9.6	4.0	0.75	1.2	0.12

	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
Product Description	Suitable for vegetarians	 Vegan Certified	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
DOUGHNUTS - SHELLS																					
 Biscoff®	YES	NO	YES	✓				✓		✓											
 Nutty Chocolatta	YES	NO	YES	✓				✓		✓										✓	Hazelnut
 Pistachio Overload	YES	NO	YES	✓				✓		✓										✓	Pistachio

ALLERGY ADVICE: Please be aware we cannot guarantee that **any** of our products (including drinks) are free from allergens (including cereals containing gluten, milk, eggs, soya and nuts) due to our manufacturing methods.

ALLERGY ADVICE: Our Vegan doughnuts are prepared to a vegan recipe which has omitted the egg and milk ingredients, making them suitable for vegans. However, whilst we take steps to minimise the risk of cross contamination, we cannot guarantee that the Vegan doughnuts are free from the allergens we handle, including cereals containing gluten, milk, eggs, soya and nuts.

	Nutrition Per 100g									Nutrition Per Portion									
Product Description	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (g)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
DOUGHNUTS – SHELLS																			
 Biscoff	1945	467	29	13	43	21	3.7	5.5	0.54	91g	1770	425	27	12	39	19	3.4	5.0	0.49
 Nutty Chocolatta	1993	479	32	16	40	22	4.4	6.1	0.43	86g	1714	412	27	13	34	19	3.8	5.2	0.37
 Pistachio Overload	1902	458	29	13	41	23	4.1	6.1	0.44	85g	1608	387	25	11	34	19	3.4	5.2	0.37

Product Description	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
	Suitable for vegetarians	 Vegan Certified	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
DOUGHNUTS - RINGS & SHELLS																					
 Strawberry Sprinkles	YES	YES	YES	✓				✓													
 Cinnamon Swirl	YES	YES	YES	✓				✓													
 White Marble Chocolate	YES	NO	YES	✓				✓		✓											
 Cookies & Kreme	YES	NO	YES	✓				✓													
 Strawberry Sundae	YES	NO	YES	✓				✓		✓											
 Triple Choc Indulgence	YES	NO	YES	✓				✓		✓											
 Salted Caramel Sensation	YES	YES	YES	✓				✓													
 Glazed Raspberry	YES	NO	YES	✓				✓													
 Biscoff Iced	YES	NO	YES	✓				✓													

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Date of Issue:
11/06/26

	Nutrition Per 100g										Nutrition Per Portion									
Product Description	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (g)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	
DOUGHNUTS – RINGS & SHELLS (NEW CORE RANGE)																				
 Strawberry Sprinkles	1795	431	23	12	52	36	2.1	4.2	0.35	66g	1185	285	15	7.9	34	24	1.4	2.8	0.23	
 Cinnamon Swirl	1982	477	30	15	45	23	3.0	5.2	0.49	55g	1088	262	17	8.5	25	13	1.7	2.9	0.27	
 White Marble Chocolatta	1958	469	29	17	47	30	2.4	4.6	0.38	60g	1175	282	17	10.2	28	18	1.4	2.8	0.23	
 Cookies & Kreme	1906	458	25	12	54	37	2.0	3.9	0.43	85g	1620	390	21	10	46	31	1.7	3.3	0.37	
 Strawberry Sundae	1624	391	21	10	45	27	3.5	4.5	0.39	93g	1511	364	19	10	42	25	3.2	4.2	0.36	
 Triple Choc Indulgence	1750	419	23	12	44	27	4.5	5.4	0.44	87g	1523	365	20	10	39	23	3.9	4.7	0.38	
 Salted Caramel Sensation	1758	422	23	12	47	27	3.5	4.7	0.44	90g	1573	378	21	10	42	25	3.1	4.2	0.39	
 Glazed Raspberry	1523	365	19	10	42	24	3.7	4.8	0.50	87g	1325	317	16	8.5	36	21	3.3	4.2	0.43	
 Biscoff Iced	2042	490	33	14	42	23	2.4	5.0	0.46	61g	1246	299	20	8.4	26	14	1.5	3.0	0.28	

	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
Product Description	Suitable for vegetarians	 Vegan Certified	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
DOUGHNUTS - FOOTBALL																					
 Pitch Perfect	YES	NO	YES	✓				✓		✓											
 Strike It Sweet	YES	NO	YES	✓				✓													
 Come On England!	YES	NO	YES	✓				✓													
 The Saltire	YES	NO	YES	✓				✓													

ALLERGY ADVICE: Please be aware we cannot guarantee that **any** of our products (including drinks) are free from allergens (including cereals containing gluten, milk, eggs, soya and nuts) due to our manufacturing methods.

ALLERGY ADVICE: Our Vegan doughnuts are prepared to a vegan recipe which has omitted the egg and milk ingredients, making them suitable for vegans. However, whilst we take steps to minimise the risk of cross contamination, we cannot guarantee that the Vegan doughnuts are free from the allergens we handle, including cereals containing gluten, milk, eggs, soya and nuts.

	Nutrition Per 100g									Nutrition Per Portion									
Product Description	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (g)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
DOUGHNUTS – FOOTBALL																			
 Pitch Perfect	1790	432	25	12	44	26	3.7	5.4	0.44	86g	1548	374	22	11	38	22	3.2	4.7	0.38
 Strike It Sweet	1812	433	23	12	52	36	2.6	4.4	0.36	64g	1160	277	15	7.7	33	23	1.7	2.8	0.23
 Come On England!	1664	399	21	11	45	26	3.4	4.5	0.40	93g	1548	371	20	10	42	24	3.2	4.2	0.37
 The Saltire	1719	414	22	11	49	31	3.3	4.5	0.38	95g	1625	391	20	10	46	29	3.2	4.2	0.35

		Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
Product Description		Suitable for vegetarians	 Vegan Certified	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
VEGAN DOUGHNUTS – NATIONWIDE DELIVERY BOXED PRODUCTS DELIVERED VIA DPD																						
	Vegan Original Glazed	YES	YES	YES	✓				✓													
	Vegan Choc Orange	YES	YES	YES	✓				✓													

ALLERGY ADVICE: Our Vegan doughnuts are prepared to a vegan recipe which has omitted the egg and milk ingredients, making them suitable for vegans. However, whilst we take steps to minimise the risk of cross contamination, we cannot guarantee that the Vegan doughnuts are free from the allergens we handle, including cereals containing gluten, milk, eggs, soya and nuts.

	Nutrition Per 100g									Nutrition Per Portion									
Product Description	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (g)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
VEGAN DOUGHNUTS – NATIONWIDE DELIVERY (UK ONLY) – BOXED PRODUCTS																			
 Vegan Original Glazed	1877	450	28	15	43	23	2.8	5.5	0.45	50g	939	225	14	7.3	21	11	1.4	2.8	0.22
 Vegan Choc Orange	1718	413	22	11	46	29	3.9	4.9	0.41	94g	1615	389	21	11	43	27	3.7	4.6	0.38

INGREDIENT DECLARATIONS

 Original Glazed	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Glaze [Sugar, Water, Shortening [Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)], Stabilisers (Agar, Locust Bean Gum, Guar Gum), Palm Oil, Flavouring].
 Personalised Original Glazed	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Glaze [Sugar, Water, Shortening [Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)], Stabilisers (Agar, Locust Bean Gum, Guar Gum), Palm Oil, Flavouring], White Icing (3.8%) [Sugar, Glucose Syrup, Vegetable Oils (Rapeseed, Palm), Water, Emulsifiers (Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Stabiliser (Agar), Salt, Preservative (Potassium Sorbate)].
 Chocolate Sprinkles	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Glaze [Sugar, Water, Shortening [Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)], Stabilisers (Agar, Locust Bean Gum, Guar Gum), Palm Oil, Flavouring], Chocolatey Icing (16%) [Sugar, Water, Fat Reduced Cocoa Powder, Glucose Syrup, Vegetable Oil (Rapeseed, Palm), Emulsifiers (Soya Lecithin, Mono and Diglycerides of Fatty Acids), Salt, Flavouring], Sprinkles (4.8%) [Sugar, Vegetable Oils (Coconut, Shea), Concentrates (Sweet Potato, Beetroot, Apple, Spirulina, Carrot, Radish, Hibiscus), Stabiliser (Acacia Gum), Glazing Agent (Carnauba Wax), Colour (Paprika, Lutein)].

ALLERGY ADVICE: For allergens, including cereals containing gluten, please see ingredients in **bold**. Not suitable for nut allergy sufferers due to manufacturing methods.

INGREDIENT DECLARATIONS

 Nutty Chocolatta	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Hazelnut Chocolate Spread Filling (19%) [Sugar, Refined Vegetable Oils (Sunflower, Palm, Soybean), Hazelnuts, Low Fat Cocoa Powder, Skimmed Milk Powder, Whey Powder (Milk), Emulsifiers (Lecithins (Sunflower, Soya), Vanillin, Natural Flavour), Chocolate Flavour Coating (12%) [Sugar, Palm Oil, Whey Powder (Milk), Fat Reduced Cocoa Powder, Emulsifier (Soya Lecithin), Natural Flavouring], Caramelised Hazelnut Pieces (2.3%) [Granulated Sugar, Roasted Hazelnuts, Salted Butter (Milk), Glucose Syrup, Salt], White Chocolate Flavour Lines (2.3%) [Sugar, Palm Oil, Whey Powder (Milk), Emulsifier (Soya Lecithin)].
 Biscoff®	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Biscoff® Kreme Filling (20%) [Sugar, Biscoff® Spread [Caramelised Biscuits (Wheat Flour, Sugar, Vegetable Oils (Palm, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Soya Lecithins), Acid (Citric Acid)], Vegetable Oil (Palm, Rapeseed), Emulsifiers (Mono and Diglycerides of Fatty Acids, Polysorbate 60, Soya Lecithins, Propane-1,2-Diol Esters Of Fatty Acids), Dried Glucose Syrup, Corn Flour, Water, Salt, Flavouring (Water, Propylene Glycol, Polysorbate 80, Glycerine, Caramel Colour)], Biscoff® Spread Icing (11%) [Caramelised Biscuits (Wheat Flour, Sugar, Vegetable Oils (Palm, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Soya Lecithins), Acid (Citric Acid)], Biscoff® Biscuit Topping (4.4%) [Wheat Flour, Sugar, Vegetable Oils (Palm Oil from Sustainable and Certified Plantations, Rapeseed Oil), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Salt, Cinnamon], White Chocolate Shavings (3.3%) [Sugar, Cocoa Butter, Full Cream Milk Powder, Whey Powder (Milk), Vegetable Oils (Palm, Sal, Shea and Mango Kernels), Emulsifier (Soya Lecithin), Vanilla Flavour].
 Pistachio Overload	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Pistachio Kreme Filling (21%) [Kreme [Sugar, Vegetable Oil (Palm, Rapeseed), Emulsifiers (Mono and Diglycerides of Fatty Acids, Polysorbate 60, Soya Lecithins, Propane-1,2- Diol Esters Of Fatty Acids), Dried Glucose Syrup, Corn Flour, Water, Salt, Flavouring (Water, Propylene Glycol, Polysorbate 80, Glycerine, Caramel Colour)], Black Milk Pistachio Cream [Sugar, Vegetable Oils and Fats (Palm, Sunflower), Pistachio, Skimmed Milk Powder, Whey Powder (Milk), Lactose (Milk), Emulsifier (Lecithins), Natural Flavourings, Colour (Copper Complexes of Chlorophyll)], Black Milk Pistachio Icing (8.3%) [Sugar, Vegetable Oils and Fats (Palm, Sunflower), Pistachio, Skimmed Milk Powder, Whey Powder (from Milk), Lactose (from Milk), Emulsifier (Lecithins), Natural Flavourings, Colour (Copper Complexes of Chlorophyll)], White Coating (2.4%) [Sugar, Palm Oil, Whey Powder (Milk), Emulsifier (Soya Lecithin)], Chopped and Caramelised Pistachios (Sugar, Pistachios).

INGREDIENT DECLARATIONS

 Mini Original Glazed	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Glaze [Sugar, Water, Shortening [Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)], Stabilisers (Agar, Locust Bean Gum, Guar Gum), Palm Oil, Flavouring].
 Mini Chocolate Sprinkles	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Glaze [Sugar, Water, Shortening [Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)], Stabilisers (Agar, Locust Bean Gum, Guar Gum), Palm Oil, Flavouring], Chocolatey Icing (16%) [Sugar, Water, Fat Reduced Cocoa Powder, Glucose Syrup, Vegetable Oil (Rapeseed, Palm), Emulsifiers (Soya Lecithin, Mono and Diglycerides of Fatty Acids), Salt, Flavouring], Sprinkles (4.8%) [Sugar, Vegetable Oils (Coconut, Shea), Concentrates (Sweet Potato, Beetroot, Apple, Spirulina, Carrot, Radish, Hibiscus), Stabiliser (Acacia Gum), Glazing Agent (Carnauba Wax), Colour (Paprika, Lutein)].
 Mini Strawberry Sprinkles	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Glaze [Sugar, Water, Shortening [Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)], Stabilisers (Agar, Locust Bean Gum, Guar Gum), Palm Oil, Flavouring], Strawberry Icing (19%) [Sugar, White Icing Base (Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids))), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour), Water, Stabiliser Base (Sugar, Flour Treatment Agents (Calcium Sulphate, Disodium Phosphate), Stabilisers (Agar, Locust Bean Gum), Dextrose, Palm Oil, Flavouring (Vanilla), Natural Flavouring, Colours (Beetroot, Paprika, Salt)], Sprinkles (4.6%) [Sugar, Vegetable Oils (Coconut, Shea), Concentrates (Sweet Potato, Beetroot, Apple, Spirulina, Carrot, Radish, Hibiscus), Stabiliser (Acacia Gum), Glazing Agent (Carnauba Wax), Colour (Paprika, Lutein)].
 Original Glazed Bites	Doughnut Bites [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Glaze [Sugar, Water, Shortening [Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)], Stabilisers (Agar, Locust Bean Gum, Guar Gum), Palm Oil, Flavouring].

ALLERGY ADVICE: For allergens, including cereals containing gluten, please see ingredients in **bold**. Not suitable for nut allergy sufferers due to manufacturing methods.

INGREDIENT DECLARATIONS – VEGAN RANGE – NATIONWIDE DELIVERY (UK ONLY)

	Vegan Choc Orange	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Glaze [Sugar, Water, Shortening [Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)], Stabilisers (Agar, Locust Bean Gum, Guar Gum), Palm Oil, Flavouring], Chocolate Orange Flavour Filling (19%) [Sugar, Brownie Batter Filling [Vegetable Oil (Palm), Fat Reduced Cocoa Powder, Sugar, Dextrose, Sunflower Oil, Dried Glucose Syrup, Emulsifiers (Mono and Diglycerides of Fatty Acids, Sunflower Lecithins), Modified Starch, Salt], Water, Natural Flavouring], Orange Flavoured Orange Icing (19%) [Sugar, White Icing Base (Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids)), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour), Water, Stabiliser Base (Sugar, Flour Treatment Agents (Calcium Sulphate, Disodium Phosphate), Stabilisers (Agar, Locust Bean Gum), Dextrose, Flavouring (Vanilla), Salt, Natural Flavouring, Colour (Paprika Extract)], Dark Chocolate Flavour Icing Lines (2.1%) [Sugar, Vegetable Oil, Glucose Syrup, Water, Fat Reduced Cocoa Powder, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Salt, Preservatives (Potassium Sorbate), Natural Flavouring].
	Original Glazed Vegan	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Glaze [Sugar, Water, Shortening [Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)], Stabilisers (Agar, Locust Bean Gum, Guar Gum), Palm Oil, Flavouring].
	Vegan Personalised Original Glazed	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Glaze [Sugar, Water, Shortening [Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)], Stabilisers (Agar, Locust Bean Gum, Guar Gum), Palm Oil, Flavouring], White Icing (3.8%) [Sugar, Glucose Syrup, Vegetable Oils (Rapeseed, Palm), Water, Emulsifiers (Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Stabiliser (Agar), Salt, Preservative (Potassium Sorbate)].

ALLERGY ADVICE: For allergens, including cereals containing gluten, please see ingredients in **bold**. Not suitable for nut allergy sufferers due to manufacturing methods.

Our Vegan doughnuts are prepared to a vegan recipe which has omitted the egg and milk ingredients; making them suitable for vegans. Due to manufacturing methods and potential risk of cross contamination, we cannot guarantee that the Vegan doughnuts are suitable for those with egg or milk allergies.

INGREDIENT DECLARATIONS – RINGS & SHELLS

 Strawberry Sprinkles	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Glaze [Sugar, Water, Shortening (Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)), Stabilisers (Agar, Locust Bean Gum, Guar Gum), Palm Oil, Flavouring], Strawberry Flavour Icing (20%) [Sugar, White Icing Base (Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids))), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour), Water, Stabiliser Base (Sugar, Flour Treatment Agents (Calcium Sulphate, Disodium Phosphate), Stabilisers (Agar, Locust Bean Gum, Guar Gum), Dextrose, Palm Oil, Flavouring, Colours (Beetroot, Paprika, Salt)], Sprinkles (4.5%) [Sugar, Vegetable Oils (Coconut, Shea), Concentrates (Sweet Potato, Beetroot, Apple, Spirulina, Carrot, Radish, Hibiscus), Stabiliser (Acacia Gum), Glazing Agent (Carnauba Wax), Colour (Paprika, Lutein)].
 Cinnamon Swirl	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Cream Cheese Kreme Frosting (18%) [Kreme Frosting [Icing Sugar (Sugar, Maize Starch), Shortening (Vegetable Oils (Palm, Rapeseed), Emulsifier (Glycerol Monostearate), White Icing Base (Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids))), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour), Water, Flavouring, Salt], Water, Natural Cream Cheese Flavouring, Colour (Plain Caramel)], Cinnamon Sugar Blend (9.1%) [White Sugar, Spices (Cinnamon, Cassia)].
 White Marble Chocollata	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Glaze [Sugar, Water, Shortening (Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)), Stabilisers (Agar, Locust Bean Gum, Guar Gum), Palm Oil, Flavouring], White Choc Coating (15%) [Sugar, Palm Oil, Whey Powder (Milk), Emulsifier (Soya Lecithin)], Blended Chocolate Lines [Sugar, Palm Oil, Whey Powder (Milk), Fat Reduced Cocoa Powder, Emulsifier (Soya Lecithin), Natural Flavouring].
 Cookies & Kreme	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Glaze [Sugar, Water, Shortening (Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)), Stabilisers (Agar, Locust Bean Gum, Guar Gum), Palm Oil, Flavouring], Kreme Frosting (28%) [Icing Sugar (Sugar, Maize Starch), Shortening (Vegetable Oils (Palm, Rapeseed), Emulsifier (Glycerol Monostearate)), White Icing Base (Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids))), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour), Glucose Syrup, Humectant (Glycerol), Water, Flavouring, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Lecithins (Rapeseed, Sunflower), Preservative (Potassium Sorbate), Acidity Regulator (Disodium Phosphate)], Biscuit Crumb (9.4%) [Wheat Flour, Sugar, Rapeseed Oil, Fat Reduced Cocoa Powder, Glucose-Fructose Syrup, Wheat Starch, Raising Agents (Ammonium Carbonates, Potassium Carbonates, Sodium Carbonates), Palm Oil, Salt, Emulsifier (Soya Lecithins), Acidity Regulator (Sodium Hydroxide), Flavouring], White Icing (3.5%) [Sugar, White Icing Base (Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids))), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour), Water, Stabiliser Base (Sugar, Flour Treatment Agents (Calcium Sulphate, Disodium Phosphate), Stabilisers (Agar, Locust Bean Gum), Dextrose, Flavouring (Vanilla), Salt)].

INGREDIENT DECLARATIONS – RINGS & SHELLS

 Strawberry Sundae	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Strawberry Flavour Icing (17%) [Sugar, White Icing Base (Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids)), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour), Water, Stabiliser Base (Sugar, Flour Treatment Agents (Calcium Sulphate, Disodium Phosphate), Stabilisers (Agar, Locust Bean Gum), Dextrose, Palm Oil, Flavouring (Vanilla), Natural Flavouring, Colours (Beetroot, Paprika), Salt)], Strawberry Filling (9.7%) [Water, Glucose Syrup, Sugar, Strawberries, Modified Waxy Maize Starch, Strawberry Puree, Acidity Regulators (Citric Acid, Trisodium Citrate), Natural Strawberry Flavouring with Other Natural Flavourings, Natural Colours (Fruit and Vegetable Extract (Elderberry, Red Radish), Fruit and Vegetable Concentrate (Hibiscus, Carrot), Preservative (Potassium Sorbate), Thickeners (Xanthan Gum, Locust Bean Gum), Salt], Kreme (9.7%) [Sugar, Vegetable Oil (Palm, Rapeseed), Emulsifiers (Mono and Diglycerides of Fatty Acids, Polysorbate 60, Soya Lecithins, Propane-1,2-Diol Esters Of Fatty Acids), Dried Glucose Syrup, Corn Flour, Water, Salt, Flavouring (Water, Propylene Glycol, Polysorbate 80, Glycerine, Caramel Colour)], Red Icing (2.2%) [White Icing [Sugar, Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids)), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour], Colour (Beetroot, Paprika)], White Choc Lines [Sugar, Palm Oil, Whey Powder (Milk), Emulsifier (Soya Lecithin)].
 Triple Choc Indulgence	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Brownie Batter Kreme Filling (18%) [Brownie Batter Filling [Vegetable Oil (Palm), Fat Reduced Cocoa Powder, Sugar, Dextrose, Sunflower Oil, Dried Glucose Syrup, Emulsifiers (Mono and Diglycerides of Fatty Acids, Sunflower Lecithins), Modified Starch, Salt], Kreme [Sugar, Vegetable Oil (Palm, Rapeseed), Emulsifiers (Mono and Diglycerides of Fatty Acids, Polysorbate 60, Soya Lecithins, Propane-1,2- Diol Esters Of Fatty Acids), Dried Glucose Syrup, Corn Flour, Water, Salt, Flavouring (Water, Propylene Glycol, Polysorbate 80, Glycerine, Caramel Colour)], Chocolatey Icing (14%) [Sugar, Water, Fat Reduced Cocoa Powder, Glucose Syrup, Vegetable Oil (Rapeseed, Palm), Emulsifiers (Soya Lecithin, Mono and Diglycerides of Fatty Acids), Salt, Flavouring], White Choc Lines [Sugar, Palm Oil, Whey Powder (Milk), Emulsifier (Soya Lecithin)], White Chocolate Curls [Sugar, Cocoa Butter, Whole Milk Powder, Lactose (from Milk), Emulsifier (Soya Lecithin), Natural Vanilla Flavouring], Milk Chocolate Curls [Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Mass, Lactose (from Milk), Emulsifier (Soya Lecithin), Natural Vanilla Flavouring].
 Salted Caramel Sensation	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Caramel Flavour Icing (18%) [Sugar, Glucose Syrup, Vegetable Oil, Water, Caramelised Sugar Syrup, Emulsifiers (Mono and Diglycerides of Fatty acids, Soya Lecithin), Salt, Stabiliser (Agar), Preservative (Potassium Sorbate), Flavouring], Kreme [Sugar, Vegetable Oil (Palm, Rapeseed), Emulsifiers (Mono and Diglycerides of Fatty Acids, Polysorbate 60, Soya Lecithins, Propane-1,2-Diol Esters Of Fatty Acids), Dried Glucose Syrup, Corn Flour, Water, Salt, Flavouring (Water, Propylene Glycol, Polysorbate 80, Glycerine, Caramel Colour)], Salted Caramel Filling (6.7%) [Water, Sugar, Glucose Syrup, Modified Maize Starch, Palm Oil, Humectant (Glycerol), Colours (Calcium Sulphate, Plain Caramel, Beta-Carotene), Salt, Natural Flavouring, Preservative (Potassium Sorbate, Sorbic Acid), Acidity Regulator (Glucono Delta Lactone), Emulsifier (Sorbitan Monostearate), Stabiliser (Agar Agar)], Light Caramel Icing Lines [Caramel Flavour Icing [Sugar, Glucose Syrup, Vegetable Oil, Water, Caramelised Sugar Syrup, Emulsifiers (Mono and Diglycerides of Fatty acids, Soya Lecithin), Salt, Stabiliser (Agar), Preservative (Potassium Sorbate), Flavouring], White Icing [Sugar, Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids)), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour]].

INGREDIENT DECLARATIONS – RINGS & SHELLS

 Glazed Raspberry	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Raspberry Filling (21%) [Sugar, Glucose Fructose Syrup, Water, Raspberry Puree, Acidity Regulators (Citric Acid, Sodium Citrates), Thickener (Pectins), Natural Flavouring, Preservative (Potassium Sorbate), Fruit and Vegetable Concentrate (Black Carrot, Hibiscus), Colour (Paprika Extract)], Glaze [Sugar, Water, Shortening [Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)], Stabilisers (Agar, Locust Bean Gum Guar Gum), Palm Oil, Flavouring].
 Biscoff Iced	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Glaze [Sugar, Water, Shortening [Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)], Stabilisers (Agar, Locust Bean Gum, Guar Gum), Palm Oil, Flavouring], Biscoff® Spread Icing (18%) [Caramelised Biscuits (Wheat Flour, Sugar, Vegetable Oils (Palm, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Soya Lecithins), Acid (Citric Acid)].

INGREDIENT DECLARATIONS – FOOTBALL

Pitch Perfect	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], White Chocolate Kreme Filling (18%) [Kreme [Sugar, Vegetable Oil (Palm, Rapeseed), Emulsifiers (Mono and Diglycerides of Fatty Acids, Polysorbate 60, Soya Lecithins, Propane-1,2-Diol Esters Of Fatty Acids), Dried Glucose Syrup, Corn Flour, Water, Salt, Flavouring (Water, Propylene Glycol, Polysorbate 80, Glycerine, Caramel Colour)], White Chocolate Spread [Sugar, Vegetable Oils and Fats (Shea, Sunflower, Soybean and Rapeseed in Variable Proportions), Whole Milk Powder, White Chocolate (Whole Milk Powder, Whey Milk Powder, Sugar, Cocoa Butter), Whey Milk Powder, Emulsifier (Soya Lecithin), Natural Flavour], Water], Green Icing (14%) [White Icing [Sugar, Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids)), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour], Green Colour [Emulsifiers (Polyglycerol Polyricinoleate, Soy Lecithin, Mono- and Diglycerides of Fatty Acids, Polysorbate 80), Rapeseed Oil, Colour (Copper Complexes of Chlorophylls, Lutein), Antioxidant (Rosemary Extract)], White Icing Lines (2.9%) [Sugar, Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids)), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour], Colour (Lutein)].
Strike It Sweet	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Glaze [Sugar, Water, Shortening [Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)], Stabilisers (Agar, Locust Bean Gum, Guar Gum), Palm Oil, Flavouring], Chocolatey Icing (16%) [Sugar, Water, Fat Reduced Cocoa Powder, Glucose Syrup, Vegetable Oil (Rapeseed, Palm), Emulsifiers (Soya Lecithin, Mono and Diglycerides of Fatty Acids), Salt, Flavouring], Football Sugar Plaque (3.1%) [Fondant Icing Sugar (Sugar, Glucose Syrup), Palm Oil, Added Water, Trehalose*, Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Emulsifier (Modified Cellulose), Colour (Vegetable Carbon)], Sugar Sprinkle Decoration (2.4%) [Sugar, Rice Flour, Sunflower Oil, Potato Starch, Colours (Radish, Blackcurrant, Lemon, Safflower, Spirulina), Natural Flavouring]. *Trehalose is a source of glucose.
Come On England!	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], White Icing (19%) [Sugar, Glucose Syrup, Vegetable Oils (Rapeseed, Palm), Water, Emulsifiers (Mono- and Diglycerides of Fatty Acids, Sodium stearoyl-2-lactylate), Stabiliser (Agar), Salt, Preservative (Potassium Sorbate)], Strawberry Filling (8.6%) [Water, Glucose Syrup, Sugar, Strawberries, Modified Waxy Maize Starch, Strawberry Puree, Acidity Regulators (Citric Acid, Trisodium Citrate), Natural Strawberry Flavouring with Other Natural Flavourings, Natural Colours (Fruit and Vegetable Extract (Elderberry, Red Radish), Fruit and Vegetable Concentrate (Hibiscus, Carrot), Preservative (Potassium Sorbate), Thickeners (Xanthan Gum, Locust Bean Gum), Salt], Kreme (8.6%) [Sugar, Vegetable Oil (Palm, Rapeseed), Emulsifiers (Mono and Diglycerides of Fatty Acids, Polysorbate 60, Soya Lecithins, Propane-1,2-Diol Esters Of Fatty Acids), Dried Glucose Syrup, Corn Flour, Water, Salt, Flavouring (Water, Propylene Glycol, Polysorbate 80, Glycerine, Caramel Colour)], Red Icing (3.2%) [White Icing [Sugar, Glucose Syrup, Vegetable Oils (Rapeseed, Palm), Water, Emulsifiers (Mono- and Diglycerides of Fatty Acids, Sodium stearoyl-2-lactylate), Stabiliser (Agar), Salt, Preservative (Potassium Sorbate)], Colours (Beetroot, Paprika)].
The Saltire	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Blue Icing (17%) [White Icing [Sugar, Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids)), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour], Colour (Spirulina)], Salted Caramel Filling (8.5%) [Water, Sugar, Glucose Syrup, Modified Maize Starch, Palm Oil, Humectant (Glycerol), Colours (Calcium Sulphate, Plain Caramel, Beta-Carotene), Salt, Natural Flavouring, Preservative (Potassium Sorbate, Sorbic Acid), Acidity Regulator (Glucono Delta Lactone), Emulsifier (Sorbitan Monostearate), Stabiliser (Agar Agar)], Kreme (8.5%) [Sugar, Vegetable Oil (Palm, Rapeseed), Emulsifiers (Mono and Diglycerides of Fatty Acids, Polysorbate 60, Soya Lecithins, Propane-1,2-Diol Esters Of Fatty Acids), Dried Glucose Syrup, Corn Flour, Water, Salt, Flavouring (Water, Propylene Glycol, Polysorbate 80, Glycerine, Caramel Colour)], White Icing Lines (6.9%) [Sugar, Glucose Syrup, Vegetable Oils (Rapeseed, Palm), Water, Emulsifiers (Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2 Lactylate), Stabiliser (Agar), Salt, Preservative (Potassium Sorbate)].

ONLINE DOZENS
DELIVERED
THROUGH DPD



	Nutrition Per 100g									Nutrition Per Portion									
Product Description	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (g)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
GIFTING – THEMED DOZENS																			
 Personalised Original Glazed	1870	448	27	15	44	25	2.7	5.3	0.44	52g	973	233	14	7.6	23	13	1.4	2.8	0.23
 Brownie Biscuit	1771	424	24	12	45	27	4.3	5.2	0.45	89	1576	378	21	11	40	24	3.8	4.6	0.40
 Cookie Crumble	1969	472	28	17	48	31	2.3	4.6	0.41	65g	1280	307	18	11	32	20	1.5	3.0	0.26
 Choc Duo Ring	1968	472	29	18	46	29	2.6	4.8	0.37	61g	1200	288	18	11	28	18	1.6	2.9	0.23
 Chocolate Strawberry Surprise	1843	442	25	12	48	31	3.8	4.9	0.41	97	1788	429	24	12	46	30	3.6	4.8	0.40
 White Chocolate Kreme	1901	456	28	15	43	25	3.7	4.9	0.44	87	1644	394	25	13	37	21	3.2	4.3	0.38

	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains														
Product Description	Suitable for vegetarians	 Vegan Certified	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)	
GIFTING – THEMED DOZENS																						
 Hand Piped Original Glazed	YES	NO	YES	✓				✓														
 Speculoos Sensation	YES	NO	YES	✓				✓		✓												
 Choco Caramel Crunch	YES	NO	YES	✓				✓														
 Party Sprinkles	YES	NO	YES	✓				✓														
 Orange Brownie Bliss	YES	NO	YES	✓				✓		✓												
 Strawberry Pop	YES	NO	YES	✓				✓														

ALLERGY ADVICE: Please be aware we cannot guarantee that **any** of our products (including drinks) are free from allergens (including cereals containing gluten, milk, eggs, soya and nuts) due to our manufacturing methods.

	Nutrition Per 100g									Nutrition Per Portion									
Product Description	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (g)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
GIFTING – THEMED DOZENS																			
 Hand Piped Original Glazed	1870	448	27	15	44	25	2.7	5.3	0.44	52g	973	233	14	7.6	23	13	1.4	2.8	0.23
 Speculoos Sensation	1975	474	28	16	50	34	2.0	4.0	0.38	70g	1386	333	20	11	35	24	1.4	2.8	0.26
 Choco Caramel Crunch	1577	378	21	10	42	24	3.7	4.5	0.50	97g	1530	366	20	10	41	23	3.6	4.4	0.48
 Party Sprinkles	1836	440	25	13	49	31	2.4	4.8	0.39	58g	1065	255	14	7.6	28	18	1.4	2.8	0.23
 Orange Brownie Bliss	1772	426	24	12	44	26	4.0	5.1	0.43	88	1559	375	22	11	39	23	3.5	4.5	0.38
 Strawberry Pop	1648	396	21	11	45	26	3.6	4.6	0.41	91g	1500	361	19	9.7	41	24	3.2	4.2	0.37

CHOCOLATEY BIRTHDAY INGREDIENT DECLARATIONS

 Personalised Original Glazed	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Glaze [Sugar, Water, Shortening [Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)], Stabilisers (Agar, Locust Bean Gum, Guar Gum), Palm Oil, Flavouring], White Icing (3.8%) [Sugar, Glucose Syrup, Vegetable Oils (Rapeseed, Palm), Water, Emulsifiers (Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Stabiliser (Agar), Salt, Preservative (Potassium Sorbate)].
 Brownie Biscuit	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Brownie Batter Kreme Filling (20%) [Brownie Batter Filling [Vegetable Oil (Palm), Fat Reduced Cocoa Powder, Sugar, Dextrose, Sunflower Oil, Dried Glucose Syrup, Emulsifiers (Mono and Diglycerides of Fatty Acids, Sunflower Lecithins), Modified Starch, Salt], Kreme [Sugar, Vegetable Oil (Palm, Rapeseed), Emulsifiers (Mono and Diglycerides of Fatty Acids, Polysorbate 60, Soya Lecithins, Propane-1,2- Diol Esters Of Fatty Acids), Dried Glucose Syrup, Corn Flour, Water, Salt, Flavouring (Water, Propylene Glycol, Polysorbate 80, Glycerine, Caramel Colour)], Choc Icing (14%) [Sugar, Water, Fat Reduced Cocoa Powder, Glucose Syrup, Vegetable Oil (Rapeseed, Palm), Emulsifiers (Soya Lecithin, Mono and Diglycerides of Fatty Acids), Salt, Flavouring], Biscuit Crumb (2.2%) [Wheat Flour, Sugar, Rapeseed Oil, Fat Reduced Cocoa Powder, Glucose-Fructose Syrup, Wheat Starch, Raising Agents (Ammonium Carbonates, Potassium Carbonates, Sodium Carbonates), Palm Oil, Salt, Emulsifier (Soya Lecithins), Acidity Regulator (Sodium Hydroxide), Flavouring], Blended Chocolate Coating Lines [Sugar, Palm Oil, Whey Powder (Milk), Fat Reduced Cocoa Powder, Emulsifier (Soya Lecithin), Natural Flavouring], Milk Choc Curls [Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Mass, Lactose (from Milk), Emulsifier (Soya Lecithin), Natural Vanilla Flavouring].
 Cookie Crumble	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Glaze [Sugar, Water, Shortening [Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)], Stabilisers (Agar, Locust Bean Gum, Guar Gum), Palm Oil, Flavouring], White Choc Coating (14%) [Sugar, Palm Oil, Whey Powder (Milk), Emulsifier (Soya Lecithin)], Biscuit Topping (6.2%) [Wheat Flour, Sugar, Vegetable Oils (Palm Oil from Sustainable and Certified Plantations, Rapeseed Oil), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Salt, Cinnamon], Blended Choc Coating (3.1%) [Sugar, Palm Oil, Whey Powder (Milk), Fat Reduced Cocoa Powder, Emulsifier (Soya Lecithin), Natural Flavouring].

ALLERGY ADVICE: For allergens, including cereals containing gluten, please see ingredients in **bold**. Not suitable for nut allergy sufferers due to manufacturing methods.

CHOCOLATEY BIRTHDAY INGREDIENT DECLARATIONS

	Choc Duo Ring	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten), Glaze [Sugar, Water, Shortening [Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)], Stabilisers (Agar, Locust Bean Gum, Guar Gum), Palm Oil, Flavouring], Blended Choc Coating (16%) [Sugar, Palm Oil, Whey Powder (Milk), Fat Reduced Cocoa Powder, Emulsifier (Soya Lecithin), Natural Flavouring], White Choc Coating [Sugar, Palm Oil, Whey Powder (Milk), Emulsifier (Soya Lecithin)].
	Chocolate Strawberry Surprise	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten), Glaze [Sugar, Water, Shortening [Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)], Stabilisers (Agar, Locust Bean Gum, Guar Gum), Palm Oil, Flavouring], Choc & Strawberry Flavour Kreme (19%) [Kreme [Sugar, Vegetable Oil (Palm, Rapeseed), Emulsifiers (Mono and Diglycerides of Fatty Acids, Polysorbate 60, Soya Lecithins, Propane-1,2-Diol Esters Of Fatty Acids), Dried Glucose Syrup, Corn Flour, Water, Salt, Flavouring (Water, Propylene Glycol, Polysorbate 80, Glycerine, Caramel Colour)], Choc Icing Base [Fat Reduced Cocoa Powder, Glucose Syrup, Rapeseed Oil, Palm Fat, Emulsifier (Soya Lecithin, Mono- and Diglycerides of Fatty Acids), Salt, Flavouring], Strawberry Filling [Water, Glucose Syrup, Sugar, Strawberries, Modified Waxy Maize Starch, Strawberry Puree, Acidity Regulators (Citric Acid, Trisodium Citrate), Natural Strawberry Flavouring with Other Natural Flavourings, Natural Colours (Fruit and Vegetable Extract (Elderberry, Red Radish), Fruit and Vegetable Concentrate (Hibiscus, Carrot), Preservative (Potassium Sorbate), Thickeners (Xanthan Gum, Locust Bean Gum), Salt], Choc Icing (12%) [Sugar, Water, Fat Reduced Cocoa Powder, Glucose Syrup, Vegetable Oil (Rapeseed, Palm), Emulsifiers (Soya Lecithin, Mono and Diglycerides of Fatty Acids), Salt, Flavouring], Strawberry Flavoured Kreme Frosting (10%) [Kreme Frosting [Icing Sugar (Sugar, Maize Starch), Shortening (Vegetable Oils (Palm, Rapeseed), Emulsifier (Glycerol Monostearate), White Icing Base (Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids))), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour), Water, Flavouring, Salt], Colours (Beetroot, Paprika)], White Icing [Sugar, White Icing Base (Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids))), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour), Water, Stabiliser Base (Sugar, Flour Treatment Agents (Calcium Sulphate, Disodium Phosphate), Stabilisers (Agar, Locust Bean Gum), Dextrose, Flavouring (Vanilla), Salt)].
	White Chocolate Kreme	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten), Glaze [Sugar, Water, Shortening [Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)], Stabilisers (Agar, Locust Bean Gum, Guar Gum), Palm Oil, Flavouring], Kreme Filling (21%) [Kreme [Sugar, Vegetable Oil (Palm, Rapeseed), Emulsifiers (Mono and Diglycerides of Fatty Acids, Polysorbate 60, Soya Lecithins, Propane-1,2-Diol Esters Of Fatty Acids), Dried Glucose Syrup, Corn Flour, Water, Salt, Flavouring (Water, Propylene Glycol, Polysorbate 80, Glycerine, Caramel Colour)], White Coating [Sugar, Palm Oil, Whey Powder (Milk), Emulsifier (Soya Lecithin)], White Chocolate Curls [Sugar, Cocoa Butter, Whole Milk Powder, Lactose (from Milk), Emulsifier (Soya Lecithin), Natural Vanilla Flavouring], Gold Glitter Sugar Nibs [Sugar, Cocoa Butter, Glitter (Potassium Aluminium Silicate, Diron Trioxide)], Silver Glitter Sugar Nibs [Sugar, Cocoa Butter, Colour (Caramel), Glitter (Potassium Aluminium Silicate, Silicone Dioxide, Diron Trioxide)].

ALLERGY ADVICE: For allergens, including cereals containing gluten, please see ingredients in **bold**. Not suitable for nut allergy sufferers due to manufacturing methods.

BIRTHDAY CELEBRATION INGREDIENT DECLARATIONS

 Personalised Original Glazed	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Glaze [Sugar, Water, Shortening [Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)], Stabilisers (Agar, Locust Bean Gum, Guar Gum), Palm Oil, Flavouring], White Icing (3.8%) [Sugar, Glucose Syrup, Vegetable Oils (Rapeseed, Palm), Water, Emulsifiers (Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Stabiliser (Agar), Salt, Preservative (Potassium Sorbate)].
 Speculoos Sensation	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Glaze [Sugar, Water, Shortening [Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)], Stabilisers (Agar, Locust Bean Gum, Guar Gum), Palm Oil, Flavouring], White Choc Coating (13%) [Sugar, Palm Oil, Whey Powder (Milk), Emulsifier (Soya Lecithin)], Kreme Frosting [Icing Sugar (Sugar, Maize Starch), Shortening (Vegetable Oils (Palm, Rapeseed), Emulsifier (Glycerol Monostearate), White Icing Base (Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids)), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour), Water, Flavouring, Salt], Caramelised Biscuit Frosting (7.1%) [Caramelised Biscuit Kreme [Sugar, Caramelised Biscuit Spread [Caramelised Biscuits (Wheat Flour, Sugar, Vegetable Oils (Palm, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Soya Lecithins), Acid (Citric Acid)], Vegetable Oil (Palm, Rapeseed), Emulsifiers (Mono and Diglycerides of Fatty Acids, Polysorbate 60, Soya Lecithins, Propane-1,2-Diol Esters Of Fatty Acids), Dried Glucose Syrup, Corn Flour, Water, Salt, Flavouring (Water, Propylene Glycol, Polysorbate 80, Glycerine, Caramel Colour)], Kreme Frosting (7.1%) [Icing Sugar (Sugar, Maize Starch), Shortening (Vegetable Oils (Palm, Rapeseed), Emulsifier (Glycerol Monostearate), White Icing Base (Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids)), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour), Water, Flavouring, Salt], Caramelised Biscuit Icing Lines [Caramelised Biscuits (Wheat Flour, Sugar, Vegetable Oils (Palm, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Soya Lecithins), Acid (Citric Acid)]]].
 Choco Caramel Crunch	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Salted Caramel Filling (19%) [Water, Sugar, Glucose Syrup, Modified Maize Starch, Palm Oil, Humectant (Glycerol), Colours (Calcium Sulphate, Plain Caramel, Beta-Carotene), Salt, Natural Flavouring, Preservative (Potassium Sorbate, Sorbic Acid), Acidity Regulator (Glucono Delta Lactone), Emulsifier (Sorbitan Monostearate), Stabiliser (Agar Agar)], Chocolatey Icing (12%) [Sugar, Water, Fat Reduced Cocoa Powder, Glucose Syrup, Vegetable Oil (Rapeseed, Palm), Emulsifiers (Soya Lecithin, Mono and Diglycerides of Fatty Acids), Salt, Flavouring], Chocolatey Frosting (10%) [Kreme Frosting [Icing Sugar (Sugar, Maize Starch), Shortening (Vegetable Oils (Palm, Rapeseed), Emulsifier (Glycerol Monostearate), White Icing Base (Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids)), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour), Water, Flavouring, Salt], Choc Icing Base [Fat Reduced Cocoa Powder, Glucose Syrup, Rapeseed Oil, Palm Fat, Emulsifiers (Soya Lecithin, Mono-and Diglycerides of Fatty Acids), Salt, Flavouring], Water], Gold Sugar Nibs [Sugar, Cocoa Butter, Glitter (Potassium Aluminium Silicate, Diron Trioxide)].

ALLERGY ADVICE: For allergens, including cereals containing gluten, please see ingredients in **bold**. Not suitable for nut allergy sufferers due to manufacturing methods.

BIRTHDAY CELEBRATION INGREDIENT DECLARATIONS

 Party Sprinkles	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Glaze [Sugar, Water, Shortening [Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)], Stabilisers (Agar, Locust Bean Gum, Guar Gum), Palm Oil, Flavouring], Strawberry Flavour Icing (6.9%) [Sugar, White Icing Base (Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids)), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour), Water, Stabiliser Base (Sugar, Flour Treatment Agents (Calcium Sulphate, Disodium Phosphate), Stabilisers (Agar, Locust Bean Gum), Dextrose, Palm Oil, Flavouring (Vanilla), Natural Flavouring, Colours (Beetroot, Paprika), Salt)], Sprinkles (6.9%) [Sugar, Vegetable Oils (Coconut, Shea), Concentrates (Sweet Potato, Beetroot, Apple, Spirulina, Carrot, Radish, Hibiscus), Stabiliser (Acacia Gum), Glazing Agent (Carnauba Wax), Colour (Paprika, Lutein)].
 Orange Brownie Bliss	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Orange Flavoured Brownie Batter Kreme Filling (20%) [Brownie Batter Filling [Vegetable Oil (Palm), Fat Reduced Cocoa Powder, Sugar, Dextrose, Sunflower Oil, Dried Glucose Syrup, Emulsifiers (Mono and Diglycerides of Fatty Acids, Sunflower Lecithins), Modified Starch, Salt], Kreme [Sugar, Vegetable Oil (Palm, Rapeseed), Emulsifiers (Mono and Diglycerides of Fatty Acids, Polysorbate 60, Soya Lecithins, Propane-1,2- Diol Esters Of Fatty Acids), Dried Glucose Syrup, Corn Flour, Water, Salt, Flavouring (Water, Propylene Glycol, Polysorbate 80, Glycerine, Caramel Colour)], Natural Orange Flavour], Orange Flavoured Icing (14%) [White Icing [Sugar, Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids)), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour], Colour (Paprika Extract)], Blended Chocolate Coating Lines [Sugar, Palm Oil, Whey Powder (Milk), Fat Reduced Cocoa Powder, Emulsifier (Soya Lecithin), Natural Flavouring], Milk Choc Curls [Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Mass, Lactose (from Milk), Emulsifier (Soya Lecithin), Natural Vanilla Flavouring].
 Strawberry Pop	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Strawberry Flavour Icing (18%) [Sugar, White Icing Base (Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids)), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour), Water, Stabiliser Base (Sugar, Flour Treatment Agents (Calcium Sulphate, Disodium Phosphate), Stabilisers (Agar, Locust Bean Gum), Dextrose, Palm Oil, Flavouring (Vanilla), Natural Flavouring, Colours (Beetroot, Paprika), Salt)], Strawberry Filling (8.8%) [Water, Glucose Syrup, Sugar, Strawberries, Modified Waxy Maize Starch, Strawberry Puree, Acidity Regulators (Citric Acid, Trisodium Citrate), Natural Strawberry Flavouring with Other Natural Flavourings, Natural Colours (Fruit and Vegetable Extract (Elderberry, Red Radish), Fruit and Vegetable Concentrate (Hibiscus, Carrot), Preservative (Potassium Sorbate), Thickeners (Xanthan Gum, Locust Bean Gum), Salt], Kreme (8.8%) [Sugar, Vegetable Oil (Palm, Rapeseed), Emulsifiers (Mono and Diglycerides of Fatty Acids, Polysorbate 60, Soya Lecithins, Propane-1,2-Diol Esters Of Fatty Acids), Dried Glucose Syrup, Corn Flour, Water, Salt, Flavouring (Water, Propylene Glycol, Polysorbate 80, Glycerine, Caramel Colour)], Red Icing Lines (2.2%) [White Icing [Sugar, Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids)), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour], Colour (Beetroot, Paprika)], Silver Glitter Sugar Nibs [Sugar, Cocoa Butter, Glitter (Potassium Aluminium Silicate, Silicone Dioxide, Diiron Trioxide).

ALLERGY ADVICE: For allergens, including cereals containing gluten, please see ingredients in **bold**. Not suitable for nut allergy sufferers due to manufacturing methods.

BEVERAGE

We make our drinks using several ingredients and shared equipment. Whilst we take steps to minimise the risk of cross contamination, we cannot guarantee the absence of some allergens. We have indicated which drinks have a cross-contamination risk by placing a circle on our matrix.

There are 14 major allergens which need to be declared when used as ingredients. We provide information on the allergens we handle in this guide which are: nuts, eggs, milk, soya and cereals containing gluten.

If you have a query about any other ingredient, please ask a member of our team who will contact our Customer Care team or alternatively, please contact: helpdesk@krispykreme.co.uk. Please also don't hesitate to ask a member of staff if you are having trouble locating the information you'd like to see within this guide.



	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
Product Description	Suitable for vegetarians	Vegan Suitable	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
MILKSHAKES																					
Strawberry Shake	YES	NO	YES	✓		•		•		✓											
Chocolate Shake	YES	NO	YES	•		•		✓		✓											
Biscoff Shake	YES	NO	YES	✓		•		✓		✓											
Cookies Shake made with Oreo®	YES	NO	YES	✓		•		✓		✓											

	Nutrition Per 100 ml									Nutrition Per Portion									
Product Description	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (ml)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
MILKSHAKES																			
Strawberry Shake	591	138	4.1	2.5	23	22	0.08	3.0	0.00	338ml	1996	468	14	8.4	78	74	0.29	10	0.02
Chocolate Shake	603	141	4.6	2.8	22	21	0.11	3.3	0.02	338ml	2039	477	15	9.5	74	71	0.38	11	0.06
Biscoff Shake	724	171	9.2	3.3	19	16	0.16	3.2	0.06	340ml	2462	581	31	11	66	56	0.56	11	0.21
Cookie Shake made with Oreo®	590	138	4.9	2.8	21	18	0.23	3.3	0.05	330ml	1947	456	16	9.3	68	59	0.77	11	0.15

	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
Product Description	Suitable for vegetarians	Vegan Suitable	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
ICED COFFEES																					
Iced Coffee 12oz	YES	NO	YES							✓											
Iced Coffee 16oz	YES	NO	YES							✓											
Iced Mocha 12oz	YES	NO	YES							✓											
Iced Mocha 16oz	YES	NO	YES							✓											
Caramel Iced Coffee 12oz	YES	NO	YES							✓											
Caramel Iced Coffee 16oz	YES	NO	YES							✓											

	Nutrition Per 100g									Nutrition Per Portion									
Product Description	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (ml)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
ICED COFFEE																			
Iced Coffee 12oz	147	35	0.1	0.1	7.1	6.7	0.1	1.4	0.01	340 ml	505	120	0.4	0.2	24.5	23.2	0.2	4.9	0.02
Iced Coffee 16oz	192	46	0.1	0.1	9.8	9.3	0.1	1.4	0.01	455 ml	834	199	0.6	0.3	42.7	40.5	0.4	6.0	0.03
Iced Mocha 12oz	148	35	0.3	0.2	6.4	6.0	0.1	1.6	0.01	340 ml	509	120	0.9	0.5	22.1	20.5	0.2	5.6	0.04
Iced Mocha 16oz	198	47	0.4	0.2	8.9	8.3	0.1	1.7	0.02	455 ml	858	203	1.6	0.9	38.7	36.0	0.4	7.4	0.08
Caramel Iced Coffee 12oz	140	33	0.1	0.1	6.6	6.2	0.1	1.4	0.01	340 ml	480	114	0.4	0.2	22.8	21.5	0.2	4.9	0.02
Caramel Iced Coffee 16oz	184	44	0.1	0.1	9.2	8.7	0.1	1.4	0.01	455 ml	799	191	0.6	0.3	40.0	37.9	0.4	6.0	0.04

	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
Product Description	Suitable for vegetarians	Vegan Suitable	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
HOT DRINKS – OAT MILK																					
Flat White 8oz	YES	YES	YES				✓			•											
Latte 12oz	YES	YES	YES				✓			•											
Latte 16oz	YES	YES	YES				✓			•											
Cappuccino 12oz	YES	YES	YES				✓			•											
Cappuccino 16oz	YES	YES	YES				✓			•											
Mocha 12oz	YES	YES	YES				✓			•											
Mocha 16oz	YES	YES	YES				✓			•											
Black Americano 12oz	YES	YES	YES																		
Black Americano 16oz	YES	YES	YES																		
White Americano 12oz	YES	YES	YES				✓			•											
White Americano 16oz	YES	YES	YES				✓			•											
Hot Chocolate 12oz	YES	YES	YES				✓			•											
Hot Chocolate 16oz	YES	YES	YES				✓			•											
Tea	YES	YES	YES				✓			•											

	Nutrition Per 100g									Nutrition Per Portion									
Product Description	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (ml)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
HOT DRINKS – OAT MILK																			
Flat White 8oz	193	46	2.1	0.3	6.1	2.6	0.1	0.5	0.08	227 ml	355	85	3.9	0.6	11.2	4.8	0.2	0.9	0.14
Latte 12oz	212	51	2.4	0.3	6.7	3.0	0.1	0.4	0.08	340 ml	565	136	6.5	0.9	17.8	8.0	0.2	1.2	0.23
Latte 16oz	214	51	2.4	0.3	6.7	3.0	0.1	0.5	0.08	455 ml	857	206	9.8	1.3	26.9	12.0	0.4	1.9	0.34
Cappuccino 12oz	223	54	2.4	0.3	7.2	3.5	0.2	0.5	0.08	340 ml	600	144	6.6	0.9	19.4	9.3	0.5	1.3	0.23
Cappuccino 16oz	221	53	2.5	0.3	7.1	3.3	0.2	0.5	0.08	455 ml	891	214	9.9	1.4	28.5	13.3	0.6	2.0	0.34
Mocha 12oz	356	85	2.5	0.5	13.8	9.1	1.1	1.1	0.08	340 ml	1050	250	7.5	1.5	40.6	26.7	3.2	3.2	0.23
Mocha 16oz	357	85	2.6	0.5	13.8	9.1	1.1	1.1	0.08	455 ml	1583	378	11.4	2.3	61.1	40.1	4.9	5.0	0.35
Black Americano 12oz	18	4	0.1	0.1	0.3	0.1	0.1	0.5	0.03	340 ml	65	14	0.4	0.4	1.1	0.4	0.4	1.8	0.11
Black Americano 16oz	17	4	0.1	0.1	0.3	0.1	0.1	0.4	0.03	455 ml	82	19	0.5	0.5	1.4	0.5	0.5	1.9	0.14
White Americano 12oz	73	17	0.7	0.2	1.9	0.9	0.2	0.8	0.06	340 ml	179	41	1.8	0.6	4.7	2.1	0.4	1.9	0.16
White Americano 16oz	57	13	0.5	0.2	1.4	0.6	0.1	0.6	0.05	455 ml	196	46	1.9	0.7	5.0	2.2	0.5	2.0	0.19
Hot Chocolate 12oz	430	102	3.2	0.6	16.7	11.3	1.3	1.1	0.09	340 ml	1010	241	7.5	1.5	39.2	26.6	3.0	2.7	0.21
Hot Chocolate 16oz	430	102	3.2	0.6	16.7	11.3	1.3	1.1	0.09	455 ml	1517	361	11.2	2.2	58.8	40.0	4.5	4.0	0.32
Tea (with oat milk)	33	8	0.4	0.1	1.0	0.5	0.0	0.0	0.01	340 ml	114	27	1.4	0.2	3.6	1.7	0.0	0.1	0.05

	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
Product Description	Suitable for vegetarians	Vegan Suitable	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
HOT DRINKS - SKIMMED MILK, SEMI SKIMMED MILK, WHOLE MILK																					
Flat White 8oz	YES	NO	YES							✓											
Latte 12oz	YES	NO	YES							✓											
Latte 16oz	YES	NO	YES							✓											
Cappuccino 12oz	YES	NO	YES							✓											
Cappuccino 16oz	YES	NO	YES							✓											
Mocha 12oz	YES	NO	YES							✓											
Mocha 16oz	YES	NO	YES							✓											
Black Americano 12oz	YES	YES	YES																		
Black Americano 16oz	YES	YES	YES																		
White Americano 12oz	YES	NO	YES							✓											
White Americano 16oz	YES	NO	YES							✓											
Hot Chocolate 12oz	YES	NO	YES							✓											
Hot Chocolate 16oz	YES	NO	YES							✓											
Tea	YES	NO	YES							✓											

ALLERGY ADVICE: Please be aware we cannot guarantee that **any** of our products (including drinks) are free from allergens (including cereals containing gluten, milk, eggs, soy and nuts) due to our manufacturing methods.

Date of Issue: 11/06/26

	Nutrition Per 100g									Nutrition Per Portion									
Product Description	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (ml)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
HOT DRINKS - SKIMMED MILK																			
Flat White 8oz	119	28	0.2	0.1	4.0	3.3	0.1	2.7	0.01	227 ml	218	52	0.4	0.2	7.4	6.1	0.2	4.9	0.02
Latte 12oz	126	30	0.3	0.1	4.3	3.8	0.1	2.9	0.01	340 ml	338	80	0.7	0.3	11.4	10.1	0.2	7.8	0.02
Latte 16oz	128	30	0.3	0.1	4.3	3.8	0.1	3.0	0.01	455 ml	515	122	1.1	0.5	17.2	15.1	0.4	11.8	0.03
Cappuccino 12oz	138	33	0.3	0.1	4.8	4.2	0.2	2.9	0.01	340 ml	372	88	0.8	0.4	13.0	11.4	0.5	7.9	0.02
Cappuccino 16oz	136	32	0.3	0.1	4.7	4.1	0.2	3.0	0.01	455 ml	549	130	1.2	0.5	18.9	16.4	0.6	12.0	0.03
Mocha 12oz	279	66	0.6	0.3	11.6	9.8	1.1	3.3	0.01	340 ml	822	195	1.7	1.0	34.2	28.8	3.2	9.8	0.02
Mocha 16oz	280	66	0.6	0.3	11.6	9.8	1.1	3.4	0.01	455 ml	1241	294	2.7	1.5	51.5	43.2	4.9	14.9	0.04
Black Americano 12oz	18	4	0.1	0.1	0.3	0.1	0.1	0.5	0.03	340 ml	65	14	0.4	0.4	1.1	0.4	0.4	1.8	0.11
Black Americano 16oz	17	4	0.1	0.1	0.3	0.1	0.1	0.4	0.03	455 ml	82	19	0.5	0.5	1.4	0.5	0.5	1.9	0.14
White Americano 12oz	53	12	0.2	0.2	1.3	1.0	0.2	1.4	0.04	340 ml	130	29	0.5	0.5	3.3	2.6	0.4	3.4	0.11
White Americano 16oz	43	10	0.2	0.2	1.0	0.8	0.1	1.0	0.04	455 ml	147	34	0.6	0.6	3.6	2.7	0.5	3.5	0.14
Hot Chocolate 12oz	333	79	0.7	0.4	13.9	12.2	1.3	4.0	0.00	340 ml	782	185	1.7	0.9	32.8	28.7	3.0	9.3	0.01
Hot Chocolate 16oz	333	79	0.7	0.4	13.9	12.2	1.3	4.0	0.00	455 ml	1174	278	2.5	1.4	49.2	43.1	4.5	14.0	0.01
Tea (with skimmed milk)	19	4	0.0	0.0	0.6	0.6	0.0	0.5	0.00	340 ml	65	15	0.1	0.1	2.2	2.2	0.0	1.6	0.00

	Nutrition Per 100g									Nutrition Per Portion									
Product Description	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (ml)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
HOT DRINKS - SEMI SKIMMED MILK																			
Flat White 8oz	153	36	1.2	0.8	4.0	3.2	0.1	2.7	0.01	227 ml	281	67	2.2	1.4	7.3	5.9	0.2	4.9	0.02
Latte 12oz	166	39	1.3	0.9	4.2	3.7	0.1	2.9	0.01	340 ml	443	105	3.6	2.3	11.2	9.8	0.2	7.8	0.02
Latte 16oz	168	40	1.4	0.9	4.2	3.7	0.1	3.0	0.01	455 ml	673	159	5.5	3.4	16.9	14.8	0.4	11.8	0.03
Cappuccino 12oz	178	42	1.4	0.9	4.8	4.2	0.2	2.9	0.01	340 ml	478	113	3.7	2.3	12.8	11.2	0.5	7.9	0.02
Cappuccino 16oz	176	42	1.4	0.9	4.6	4.0	0.2	3.0	0.01	455 ml	708	167	5.5	3.5	18.6	16.1	0.6	12.0	0.03
Mocha 12oz	314	74	1.6	1.0	11.5	9.7	1.1	3.3	0.01	340 ml	928	219	4.6	2.9	34.0	28.6	3.2	9.8	0.02
Mocha 16oz	316	75	1.6	1.0	11.5	9.7	1.1	3.4	0.01	455 ml	1400	331	7.0	4.4	51.2	42.9	4.9	14.9	0.04
Black Americano 12oz	18	4	0.1	0.1	0.3	0.1	0.1	0.5	0.03	340 ml	65	14	0.4	0.4	1.1	0.4	0.4	1.8	0.11
Black Americano 16oz	17	4	0.1	0.1	0.3	0.1	0.1	0.4	0.03	455 ml	82	19	0.5	0.5	1.4	0.5	0.5	1.9	0.14
White Americano 12oz	62	14	0.5	0.4	1.3	1.0	0.2	1.4	0.04	340 ml	153	35	1.2	0.9	3.2	2.5	0.4	3.4	0.11
White Americano 16oz	49	12	0.4	0.3	1.0	0.8	0.1	1.0	0.04	455 ml	170	40	1.3	1.0	3.5	2.6	0.5	3.5	0.14
Hot Chocolate 12oz	378	89	1.9	1.2	13.9	12.1	1.3	4.0	0.00	340 ml	888	210	4.6	2.9	32.5	28.5	3.0	9.3	0.01
Hot Chocolate 16oz	378	89	1.9	1.2	13.8	12.1	1.3	4.0	0.00	455 ml	1333	315	6.8	4.3	48.8	42.8	4.5	14.0	0.01
Tea (with SS milk)	25	6	0.2	0.1	0.6	0.6	0.0	0.5	0.00	340 ml	88	21	0.8	0.5	2.1	2.1	0.0	1.6	0.00

	Nutrition Per 100g									Nutrition Per Portion									
Product Description	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (ml)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
HOT DRINKS - WHOLE MILK																			
Flat White 8oz	200	48	2.5	1.6	3.9	3.2	0.1	2.6	0.01	227 ml	368	88	4.5	2.9	7.1	5.8	0.2	4.8	0.02
Latte 12oz	220	52	2.8	1.8	4.1	3.6	0.1	2.8	0.01	340 ml	588	140	7.5	4.8	11.0	9.6	0.2	7.6	0.02
Latte 16oz	222	53	2.8	1.8	4.1	3.6	0.1	2.9	0.01	455 ml	891	212	11.4	7.2	16.6	14.5	0.4	11.5	0.03
Cappuccino 12oz	232	55	2.8	1.8	4.7	4.1	0.2	2.9	0.01	340 ml	623	148	7.6	4.8	12.6	11.0	0.5	7.7	0.02
Cappuccino 16oz	230	55	2.8	1.8	4.5	3.9	0.2	2.9	0.01	455 ml	926	220	11.5	7.3	18.2	15.8	0.6	11.7	0.03
Mocha 12oz	364	86	2.9	1.8	11.5	9.6	1.1	3.3	0.01	340 ml	1073	255	8.5	5.4	33.8	28.4	3.2	9.6	0.02
Mocha 16oz	365	87	2.9	1.8	11.5	9.6	1.1	3.3	0.01	455 ml	1618	384	12.9	8.2	50.8	42.6	4.9	14.6	0.04
Black Americano 12oz	18	4	0.1	0.1	0.3	0.1	0.1	0.5	0.03	340 ml	65	14	0.4	0.4	1.1	0.4	0.4	1.8	0.11
Black Americano 16oz	17	4	0.1	0.1	0.3	0.1	0.1	0.4	0.03	455 ml	82	19	0.5	0.5	1.4	0.5	0.5	1.9	0.14
White Americano 12oz	75	17	0.8	0.6	1.3	1.0	0.2	1.4	0.04	340 ml	184	42	2.0	1.4	3.2	2.5	0.4	3.3	0.11
White Americano 16oz	58	14	0.6	0.4	1.0	0.7	0.1	1.0	0.04	455 ml	201	47	2.1	1.5	3.5	2.6	0.5	3.4	0.14
Hot Chocolate 12oz	440	104	3.6	2.3	13.8	12.0	1.3	3.9	0.00	340 ml	1033	245	8.5	5.4	32.3	28.3	3.0	9.1	0.01
Hot Chocolate 16oz	439	104	3.6	2.3	13.7	12.0	1.3	3.9	0.00	455 ml	1551	368	12.8	8.1	48.5	42.4	4.5	13.6	0.01
Tea (with whole milk)	25	6	0.2	0.1	0.6	0.6	0.0	0.5	0.00	340 ml	88	21	0.8	0.5	2.1	2.1	0.0	1.6	0.00

	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
Product Description	Suitable for vegetarians	Vegan Suitable	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
ICE CREAM, TOPPINGS & SAUCES																					
Ice Cream	YES	NO	YES							✓											
Ice Cream & OG	YES	NO	YES	✓				✓		✓											
Caramel Sauce – 1 pump	YES	NO	YES							✓											
Dark Choc Sauce – 1 pump	YES	YES	YES																		
Strawberry Puree	YES	YES	YES																		
Rainbow Sprinkles	YES	NO	YES	✓																	
Milk Choc Curls	YES	NO	YES					✓		✓											

	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
Product Description	Suitable for vegetarians	Vegan Suitable	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
ICE CREAM, TOPPINGS & SAUCES																					
Biscoff Sauce	YES	YES	YES	✓				✓													
Biscoff Crumb	YES	YES	YES	✓																	
Choc Cookie Syrup	YES	YES	YES																		
Oreo Pieces	YES	YES	YES	✓				✓													

	Nutrition Per 100g									Nutrition Per Portion									
Product Description	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (g)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
ICE CREAM, TOPPINGS & SAUCES																			
Ice Cream	630	150	6.5	3.5	19	19	0.00	3.9	0.11	160g	1008	240	10	5.6	30	30	0.00	6.2	0.18
Ice Cream & OG	1197	286	16	8.5	30	20	1.3	4.7	0.26	110g	1317	315	18	9.4	32	22	1.4	5.1	0.29
Caramel Sauce – 1 pump	1600	378	4.7	3.2	79.3	71.5	0.0	0.0	0.29	15ml	312	74	0.9	0.6	15.5	13.9	0.0	0.0	0.06
Dark Choc Sauce – 1 pump	1492	352	2.6	1.6	75.4	74.1	0.0	3.5	0.13	15ml	291	69	0.5	0.3	14.7	14.4	0.0	0.7	0.03
Strawberry Puree	1435	338	0.0	0.0	83.2	82.4	0.0	0.7	0.0										
Rainbow Sprinkles	1654	389	0.9	0.9	95.1	90.6	0.0	0.2	0.02										
Milk Choc Curls	2276	544	32	20	57	55	3	5.5	0.12										
Biscoff Sauce	2792	673	55.8	8.2	39.8	21.8	0.7	2.6	0.48										

	Nutrition Per 100g									Nutrition Per Portion									
Product Description	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (g)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
ICE CREAM, TOPPINGS & SAUCES																			
Biscoff Crumb	2032	484	19.0	8.0	72.6	38.1	1.3	4.9	0.92										
Choc Cookie Syrup	1360	325	0.0	0.0	80.9	80.9	0.0	0.0	0.03										
Oreo Pieces	1997	476	20	5.4	68	38	2.7	5.3	0.73										

	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
Product Description	Suitable for vegetarians	Vegan Certified	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg/ Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
HOT DRINKS - SYRUPS																					
Dark Chocolate Sauce	YES	NO	YES																		
Salted Caramel Syrup	YES	NO	YES																		
Caramel Syrup	YES	NO	YES																		
Roasted Hazelnut Syrup	YES	NO	YES																	✓	Hazelnut
French Vanilla Syrup	YES	NO	YES																		
Strawberry Fruit Based Preparation	YES	NO	YES																		

Product Description	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
	Suitable for vegetarians	Vegan Certified	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
LATTE (with oat drink)																					
Chai Latte	YES	NO	YES				✓			•											
Matcha Latte	YES	NO	YES				✓			•											
Oatly Latte made with Biscoff sauce	YES	NO	YES	✓			✓	✓		•											
LATTE (with skimmed, semi-skimmed or whole milk)																					
Chai Latte	YES	NO	YES							✓											
Matcha Latte	YES	NO	YES							✓											
Oatly Latte made with Biscoff sauce	YES	NO	YES	✓				✓		✓											
TEA																					
Peppermint Tea	YES	NO	YES																		
Chamomile Tea	YES	NO	YES																		

	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
Product Description	Suitable for vegetarians	Vegan Suitable	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
ICED LATTE (with oat drink)																					
Iced Latte	YES	NO	YES				✓														
Iced Vanilla Latte	YES	NO	YES				✓														
Iced Caramel Latte	YES	NO	YES				✓														
Iced Americano	YES	NO	YES																		
Iced Chai Latte	YES	NO	YES				✓														
Iced Matcha Latte	YES	NO	YES				✓														
Iced Strawberry Matcha Latte	YES	NO	YES				✓														
ICED LATTE (with skimmed, semi-skimmed or whole milk)																					
Iced Latte	YES	NO	YES							✓											
Iced Vanilla Latte	YES	NO	YES							✓											
Iced Caramel Latte	YES	NO	YES							✓											
Iced Americano	YES	NO	YES																		
Iced Chai Latte	YES	NO	YES							✓											
Iced Matcha Latte	YES	NO	YES							✓											
Iced Strawberry Matcha Latte	YES	NO	YES							✓											

	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
Product Description	Suitable for vegetarians	Vegan Certified	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
COLD DRINKS																					
Peach Ice Tea	YES	NO	YES																		
Cloudy Lemonade	YES	NO	YES																		
Pink Lemonade	YES	NO	YES																		
PISTACHIO FLAVOUR DRINKS																					
Pistachio Latte (with oat drink)	YES	NO	YES				✓			•											
Pistachio Latte (with whole, semi-skimmed or skimmed milk)	YES	NO	YES							✓											
Pistachio Iced Latte (with oat drink)	YES	NO	YES				✓														
Pistachio Iced Latte (with whole, semi-skimmed or skimmed milk)	YES	NO	YES							✓											
ORIGINAL GLAZED DRINKS																					
Original Glazed Iced Matcha Latte (with oat milk)	YES	NO	YES				✓			•											
Original Glazed Iced Matcha Latte (with cows milk)	YES	NO	YES							✓											
Original Glazed Matcha Latte (with oat milk)	YES	NO	YES				✓			•											
Original Glazed Matcha Latte (with cows milk)	YES	NO	YES							✓											

	Nutrition Per 100g									Nutrition Per Portion									
Product Description	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (ml)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
HOT DRINKS – OAT DRINK																			
Chai Latte 12oz	303	72	2.8	0.28	10	6.8	0.75	1.0	0.10	340	1030	245	9.6	0.96	35	23	2.6	3.6	0.35
Matcha Latte 12oz	239	57	2.7	0.28	6.6	3.1	0.88	1.1	0.09	342	816	194	9.3	0.94	23	11	3.0	3.7	0.31
Oatly Latte made with Biscoff Sauce 12oz	458	110	7.4	0.97	9.4	4.7	0.72	1.1	0.12	227	1039	249	17	2.2	21	11	1.6	2.6	0.28
HOT DRINKS – SEMI SKIMMED MILK																			
Chai Latte 12oz	258	62	1.7	1.0	8.1	8.1	0.00	3.4	0.11	340	876	210	5.8	3.5	28	28	0.00	12	0.39
Matcha Latte 12oz	195	47	1.6	1.0	4.5	4.4	0.15	3.4	0.10	342	668	160	5.6	3.4	15	15	0.52	11	0.34
Latte made with Biscoff Sauce 12oz	418	100	6.4	1.6	7.5	5.9	0.06	3.2	0.13	227	949	228	15	3.7	17	13	0.14	7.3	0.30
HOT DRINKS – SKIMMED MILK																			
Chai Latte 12oz	209	49	0.28	0.09	8.3	8.3	0.00	3.4	0.11	340	710	168	0.96	0.32	28	28	0.00	12	0.39
Matcha Latte 12oz	148	35	0.28	0.09	4.7	4.6	0.15	3.4	0.10	342	506	119	0.97	0.32	16	16	0.52	11	0.34
Latte made with Biscoff Sauce 12oz	375	90	5.2	0.80	7.6	6.1	0.06	3.2	0.13	227	852	204	12	1.8	17	14	0.14	7.3	0.30
HOT DRINKS – WHOLE MILK																			
Chai Latte 12oz	314	75	3.4	2.2	8.0	8.0	0.00	3.0	0.10	340	1068	254	12	7.4	27	27	0.00	10	0.35
Matcha Latte 12oz	250	59	3.3	2.1	4.4	4.3	0.15	3.0	0.09	342	854	203	11	7.1	15	15	0.52	10	0.31
Latte made with Biscoff Sauce 12oz	468	112	7.9	2.6	7.4	5.8	0.06	2.9	0.12	227	1061	254	18	5.9	17	13	0.14	6.5	0.28

	Nutrition Per 100g									Nutrition Per Portion									
Product Description	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (ml)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
TEA																			
Peppermint Tea 12oz	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	341	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Chamomile Tea 12oz	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	341	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
ICED LATTE – OAT DRINK																			
Iced Latte 12oz	101	24	1.1	0.10	2.9	1.2	0.35	0.55	0.03	320	322	77	3.4	0.33	9.3	3.9	1.1	1.8	0.11
Iced Vanilla Latte 12oz	173	41	0.86	0.08	7.7	6.2	0.30	0.48	0.03	320	553	132	2.8	0.27	25	20	0.96	1.5	0.10
Iced Caramel Latte 12oz	169	40	0.86	0.08	7.4	6.0	0.30	0.48	0.03	320	541	129	2.8	0.27	24	19	0.96	1.5	0.10
Iced Americano (No Oat Drink or Milk) 12oz	12	3.0	0.02	0.00	0.45	0.04	0.08	0.17	0.00	320	40	9.6	0.06	0.00	1.4	0.12	0.24	0.54	0.00
Iced Chai Latte 12oz	185	44	1.4	0.14	7.2	5.4	0.38	0.53	0.06	320	593	141	4.5	0.45	23	17	1.2	1.7	0.18
Iced Matcha Latte 12oz	122	29	1.4	0.14	3.4	1.6	0.52	0.60	0.05	332	405	96	4.5	0.46	11	5.2	1.7	2.0	0.15
Iced Strawberry Matcha Latte 12oz	228	54	1.0	0.11	10	8.9	0.44	0.54	0.03	322	733	173	3.3	0.34	33	29	1.4	1.7	0.11
PISTACHIO – OAT DRINK																			
Pistachio Iced Latte 12oz	177	42	0.99	0.10	7.6	6.0	0.33	0.52	0.15	341	605	144	3.4	0.33	26	21	1.1	1.8	0.51
Pistachio Iced Latte 16oz	193	46	0.9	0.10	8.6	7.0	0.34	0.56	0.17	421	811	194	4.0	0.41	36	29	1.4	2.3	0.73
Pistachio Latte 12oz	292	69	2.3	0.23	11	7.7	0.68	1.0	0.20	330	962	229	7.6	0.75	36	25	2.2	3.3	0.65
Pistachio Latte 16oz	296	70	2.3	0.23	11.2	8.0	0.68	1.02	0.21	460	1361	324	10.4	1.05	52	36.8	3.1	4.7	0.94

	Nutrition Per 100g									Nutrition Per Portion									
Product Description	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (ml)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
PISTACHIO – Semi-Skimmed Milk																			
Pistachio Iced Latte 12oz	162	39	0.60	0.36	6.9	6.5	0.07	1.3	0.15	341	552	132	2.1	1.2	23	22	0.24	4.5	0.53
Pistachio Iced Latte 16oz	178	43	0.58	0.34	7.9	7.4	0.10	1.3	0.18	421	750	180	2.4	1.4	33	31	0.42	5.5	0.74
Pistachio Latte 12oz	255	61	1.4	0.83	9.1	8.7	0.07	2.9	0.21	330	842	202	4.6	2.8	30	29	0.24	10	0.68
Pistachio Latte 16oz	260	62	1.37	0.82	9.5	9.0	0.09	2.9	0.21	460	1198	287	6.3	3.8	44	41.5	0.42	13.2	0.98
PISTACHIO – Skimmed Milk																			
Pistachio Iced Latte 12oz	145	35	0.12	0.03	7.0	6.6	0.07	1.3	0.15	341	494	118	0.39	0.11	24	22	0.24	4.5	0.53
Pistachio Iced Latte 16oz	163	39	0.13	0.04	8.0	7.5	0.10	1.3	0.18	421	685	163	0.56	0.16	34	32	0.42	5.5	0.74
Pistachio Latte 12oz	216	51	0.25	0.08	9.3	8.9	0.07	2.9	0.21	330	712	169	0.8	0.25	31	29	0.24	10	0.68
Pistachio Latte 16oz	222	53	0.26	0.08	9.7	9.2	0.09	2.9	0.21	460	1021	243	1.20	0.37	44	42.2	0.42	13.2	0.98
PISTACHIO – Whole Milk																			
Pistachio Iced Latte 12oz	181	43	1.2	0.75	6.9	6.5	0.07	1.2	0.15	341	618	148	4.1	2.6	23	22	0.24	4.1	0.51
Pistachio Iced Latte 16oz	196	47	1.1	0.70	7.9	7.4	0.10	1.2	0.17	421	826	197	4.7	2.9	33	31	0.42	5.0	0.73
Pistachio Latte 12oz	301	72	2.7	1.7	9.1	8.7	0.07	2.6	0.20	330	992	237	9	5.8	30	29	0.24	9	0.65
Pistachio Latte 16oz	305	73	2.7	1.71	9.4	9.0	0.09	2.6	0.21	460	1402	334	12.4	7.9	43	41.2	0.42	11.8	0.94

	Nutrition Per 100g									Nutrition Per Portion									
Product Description	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (ml)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
ICED LATTE- SEMI SKIMMED																			
Iced Latte 12oz	84	20	0.64	0.38	2.1	1.7	0.08	1.4	0.04	320	270	65	2.0	1.2	6.7	5.4	0.24	4.5	0.12
Iced Vanilla Latte 12oz	159	38	0.53	0.31	7.1	6.6	0.08	1.2	0.03	320	510	122	1.7	0.99	23	21	0.24	3.8	0.11
Iced Caramel Latte 12oz	155	37	0.53	0.31	6.8	6.3	0.08	1.2	0.03	320	498	119	1.7	0.99	22	20	0.24	3.8	0.11
Iced Chai Latte 12oz	163	39	0.84	0.52	6.1	6.1	0.00	1.7	0.06	320	521	125	2.7	1.7	20	19	0.00	5.4	0.20
Iced Matcha Latte 12oz	101	24	0.83	0.50	2	2.2	0.16	1.7	0.05	332	333	80	2.7	1.7	7.7	7.3	0.52	5.7	0.17
Iced Strawberry Matcha Latte 12oz	212	50	0.63	0.38	10	9.3	0.16	1.4	0.04	322	680	161	2.0	1.2	31	30	0.52	4.5	0.12
ICED LATTE- SKIMMED																			
Iced Latte 12oz	66	16	0.12	0.03	2.2	1.8	0.08	1.4	0.04	320	212	50	0.39	0.11	6.9	5.6	0.24	4.5	0.12
Iced Vanilla Latte 12oz	145	35	0.10	0.03	7.1	6.7	0.08	1.2	0.03	320	463	111	0.33	0.09	23	21	0.24	3.8	0.11
Iced Caramel Latte 12oz	141	34	0.10	0.03	6.8	6.4	0.08	1.2	0.03	320	451	108	0.33	0.09	22	20	0.24	3.8	0.11
Iced Chai Latte 12oz	138	33	0.14	0.05	6.2	6.2	0.00	1.7	0.06	320	443	105	0.45	0.15	20	20	0.00	5.4	0.20
Iced Matcha Latte 12oz	77	18	0.15	0.05	2.4	2.3	0.16	1.7	0.05	332	255	60	0.49	0.16	8.0	7.6	0.52	5.7	0.17
Iced Strawberry Matcha Latte 12oz	194	46	0.11	0.04	10	9.4	0.16	1.4	0.04	322	623	147	0.37	0.12	31	30	0.52	4.5	0.12

	Nutrition Per 100g									Nutrition Per Portion									
Product Description	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (ml)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
ICED LATTE- WHOLE																			
Iced Latte 12oz	105	25	1.3	0.79	2.1	1.7	0.08	1.3	0.03	320	336	80	4.0	2.5	6.6	5.3	0.24	4.1	0.11
Iced Vanilla Latte 12oz	176	42	1.0	0.65	7.1	6.6	0.08	1.1	0.03	320	564	135	3.3	2.1	23	21	0.24	3.4	0.10
Iced Caramel Latte 12oz	172	41	1.0	0.6	6.7	6.3	0.08	1.1	0.03	320	552	132	3.3	2.1	22	20	0.24	3.4	0.10
Iced Chai Latte 12oz	191	46	1.7	1.1	6.0	6.0	0.00	1.5	0.06	320	611	146	5.4	3.5	19	19	0.00	4.8	0.18
Iced Matcha Latte 12oz	256	61	3.4	2.2	4.4	4.3	0.16	3.3	0.10	332	849	203	11	7.2	15	14	0.52	11	0.33
Iced Strawberry Matcha Latte 12oz	232	55	1.2	0.79	10	9.3	0.16	1.3	0.03	322	746	177	4.0	2.5	31	30	0.52	4.1	0.11
COLD DRINKS																			
Peach Ice Tea 12oz	65	16	0.00	0.00	3.7	3.7	0.00	0.03	0.02	320	209	50	0.00	0.00	12	12	0.00	0.11	0.05
Cloudy Lemonade 12oz	66	16	0.00	0.00	3.5	3.5	0.00	0.00	0.00	320	210	50	0.00	0.00	11	11	0.00	0.00	0.01
Pink Lemonade 12oz	111	26	0.00	0.00	6.3	6.2	0.00	0.03	0.00	320	355	84	0.00	0.00	20	20	0.00	0.11	0.01
ORIGINAL GLAZED DRINKS																			
Original Glazed Matcha Latte 12oz (with oat milk)	209	74	2.4	0.24	12	8.5	0.64	0.99	0.10	354	740	262	8.5	0.85	42	30	2.3	3.5	0.36
Original Glazed Iced Matcha Latte 12oz (with cows milk)	171	65	1.5	0.88	10	9.7	0.00	2.97	0.11	354	605	231	5.2	3.10	35	34	0.0	10.5	0.39
Original Glazed Matcha Latte 12oz (with oat milk)	83	47	0.93	0.09	9.0	7.5	0.25	0.46	0.05	319	264	149	3.0	0.30	29	24	0.78	1.5	0.17
Original Glazed Iced Matcha Latte 12oz (with cows milk)	68	43	0.57	0.33	8.3	7.9	0.01	1.21	0.06	319	218	138	1.8	1.06	27	25	0.02	3.9	0.18

DRINKS- INGREDIENT DECLARATIONS

Chai Latte	With Oat Drink: Oat Drink with Added Vitamins and Minerals [Water, Oats , Rapeseed Oil, Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Carbonate, Potassium Iodide), Salt, Vitamins (D2, Riboflavin, B12)], Chai Tea [Sugar, Water, Tea Extract, Colour (Caramel), Natural Flavouring, Acid (Citric Acid), Emulsifier (Acacia Gum), Natural Tea Flavouring, Preservative (Potassium Sorbate)].
	With Semi Skimmed Milk: Semi-Skimmed Milk , Chai Tea [Sugar, Water, Tea Extract, Colour (Caramel), Natural Flavouring, Acid (Citric Acid), Emulsifier (Acacia Gum), Natural Tea Flavouring, Preservative (Potassium Sorbate)].
	With Skimmed Milk: Skimmed Milk , Chai Tea [Sugar, Water, Tea Extract, Colour (Caramel), Natural Flavouring, Acid (Citric Acid), Emulsifier (Acacia Gum), Natural Tea Flavouring, Preservative (Potassium Sorbate)].
	With Whole Milk: Whole Milk , Chai Tea [Sugar, Water, Tea Extract, Colour (Caramel), Natural Flavouring, Acid (Citric Acid), Emulsifier (Acacia Gum), Natural Tea Flavouring, Preservative (Potassium Sorbate)].
Matcha Latte	With Oat Drink: Oat Drink with Added Vitamins and Minerals [Water, Oats , Rapeseed Oil, Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Carbonate, Potassium Iodide), Salt, Vitamins (D2, Riboflavin, B12)], Water, Matcha Powder.
	With Semi Skimmed Milk: Semi-Skimmed Milk , Water, Matcha Powder.
	With Skimmed Milk: Skimmed Milk , Water, Matcha Powder.
	With Whole Milk: Whole Milk , Water, Matcha Powder.
Oatly Latte made with Biscoff Sauce	With Oat Drink: Oat Drink with Added Vitamins and Minerals [Water, Oats , Rapeseed Oil, Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Carbonate, Potassium Iodide), Salt, Vitamins (D2, Riboflavin, B12)], Water, Biscoff Sauce [Original Caramelised Biscuits (Wheat Flour, Sugar, Vegetable Oils (Palm, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Soya Lecithin), Acid (Citric Acid)].
	With Semi Skimmed Milk: Semi-Skimmed Milk , Water, Biscoff Sauce [Original Caramelised Biscuits (Wheat Flour, Sugar, Vegetable Oils (Palm, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Soya Lecithin), Acid (Citric Acid)].
	With Skimmed Milk: Skimmed Milk , Water, Biscoff Sauce [Original Caramelised Biscuits (Wheat Flour, Sugar, Vegetable Oils (Palm, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Soya Lecithin), Acid (Citric Acid)].
	With Whole Milk: Whole Milk , Water, Biscoff Sauce [Original Caramelised Biscuits (Wheat Flour, Sugar, Vegetable Oils (Palm, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Soya Lecithin), Acid (Citric Acid)].
Peppermint Tea	Peppermint Tea: Water, Organic Peppermint.
Chamomile Tea	Chamomile Tea: Water, Organic Chamomile.
Iced Latte	With Oat Drink: Ice, Oat Drink with Added Vitamins and Minerals [Water, Oats , Rapeseed Oil, Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Carbonate, Potassium Iodide), Salt, Vitamins (D2, Riboflavin, B12)], Double Espresso (as consumed) (Whole Bean Roasted Coffee).
	With Semi Skimmed Milk: Ice, Semi-Skimmed Milk , Double Espresso (as consumed) (Whole Bean Roasted Coffee).
	With Skimmed Milk: Ice, Skimmed Milk , Double Espresso (as consumed) (Whole Bean Roasted Coffee).
	With Whole Milk: Ice, Whole Milk , Double Espresso (as consumed) (Whole Bean Roasted Coffee).

DRINKS- INGREDIENT DECLARATIONS

Iced Vanilla Latte	With Oat Drink: Ice, Oat Drink with Added Vitamins and Minerals [Water, Oats , Rapeseed Oil, Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Carbonate, Potassium Iodide), Salt, Vitamins (D2, Riboflavin, B12)], Double Espresso (as consumed) (Whole Bean Roasted Coffee), French Vanilla Syrup [Sugar, Water, Natural Flavouring, Acid (Citric Acid), Colour (Caramel)].
	With Semi Skimmed Milk: Ice, Semi-Skimmed Milk , Double Espresso (as consumed) (Whole Bean Roasted Coffee), French Vanilla Syrup [Sugar, Water, Natural Flavouring, Acid (Citric Acid), Colour (Caramel)].
	With Skimmed Milk: Ice, Skimmed Milk , Double Espresso (as consumed) (Whole Bean Roasted Coffee), French Vanilla Syrup [Sugar, Water, Natural Flavouring, Acid (Citric Acid), Colour (Caramel)].
	With Whole Milk: Ice, Whole Milk , Double Espresso (as consumed) (Whole Bean Roasted Coffee), French Vanilla Syrup [Sugar, Water, Natural Flavouring, Acid (Citric Acid), Colour (Caramel)].
Iced Caramel Latte	With Oat Drink: Ice, Oat Drink with Added Vitamins and Minerals [Water, Oats , Rapeseed Oil, Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Carbonate, Potassium Iodide), Salt, Vitamins (D2, Riboflavin, B12)], Double Espresso (as consumed) (Whole Bean Roasted Coffee), Caramel Syrup [Sugar, Water, Natural Flavouring, Acid (Citric Acid), Colour (Caramel)].
	With Semi Skimmed Milk: Ice, Semi-Skimmed Milk , Double Espresso (as consumed) (Whole Bean Roasted Coffee), Caramel Syrup [Sugar, Water, Natural Flavouring, Acid (Citric Acid), Colour (Caramel)].
	With Skimmed Milk: Ice, Skimmed Milk , Double Espresso (as consumed) (Whole Bean Roasted Coffee), Caramel Syrup [Sugar, Water, Natural Flavouring, Acid (Citric Acid), Colour (Caramel)].
	With Whole Milk: Ice, Whole Milk , Double Espresso (as consumed) (Whole Bean Roasted Coffee), Caramel Syrup [Sugar, Water, Natural Flavouring, Acid (Citric Acid), Colour (Caramel)].
Iced Americano	Iced Americano: Ice, Water, Double Espresso (as consumed) (Whole Bean Roasted Coffee).
Iced Chai Latte	With Oat Drink: Ice, Oat Drink with Added Vitamins and Minerals [Water, Oats , Rapeseed Oil, Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Carbonate, Potassium Iodide), Salt, Vitamins (D2, Riboflavin, B12)], Chai Tea [Sugar, Water, Tea Extract, Colour (Caramel), Natural Flavouring, Acid (Citric Acid), Emulsifier (Acacia Gum), Natural Tea Flavouring, Preservative (Potassium Sorbate)].
	With Semi Skimmed Milk: Ice, Semi-Skimmed Milk , Chai Tea [Sugar, Water, Tea Extract, Colour (Caramel), Natural Flavouring, Acid (Citric Acid), Emulsifier (Acacia Gum), Natural Tea Flavouring, Preservative (Potassium Sorbate)].
	With Skimmed Milk: Ice, Skimmed Milk , Chai Tea [Sugar, Water, Tea Extract, Colour (Caramel), Natural Flavouring, Acid (Citric Acid), Emulsifier (Acacia Gum), Natural Tea Flavouring, Preservative (Potassium Sorbate)].
	With Whole Milk: Ice, Whole Milk , Chai Tea [Sugar, Water, Tea Extract, Colour (Caramel), Natural Flavouring, Acid (Citric Acid), Emulsifier (Acacia Gum), Natural Tea Flavouring, Preservative (Potassium Sorbate)].
Iced Matcha Latte	With Oat Drink: Ice, Oat Drink with Added Vitamins and Minerals [Water, Oats , Rapeseed Oil, Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Carbonate, Potassium Iodide), Salt, Vitamins (D2, Riboflavin, B12)], Water, Matcha Powder.
	With Semi Skimmed Milk: Ice, Semi-Skimmed Milk , Water, Matcha Powder.
	With Skimmed Milk: Ice, Skimmed Milk , Water, Matcha Powder.
	With Whole Milk: Ice, Whole Milk , Water, Matcha Powder.

DRINKS- INGREDIENT DECLARATIONS

Iced Strawberry Matcha Latte	With Oat Drink: Ice, Oat Drink with Added Vitamins and Minerals [Water, Oats, Rapeseed Oil, Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Carbonate, Potassium Iodide), Salt, Vitamins (D2, Riboflavin, B12)], Water, Strawberry Preparation [Sugar, Strawberry Puree, Natural Strawberry Flavouring with other natural flavourings, Acid (Citric Acid), Colour (Anthocyanins), Preservative (Potassium Sorbate), Thickener (Pectin)], Matcha Powder. With Semi Skimmed Milk: Ice, Semi-Skimmed Milk, Water, Strawberry Preparation [Sugar, Strawberry Puree, Natural Strawberry Flavouring with other natural flavourings, Acid (Citric Acid), Colour (Anthocyanins), Preservative (Potassium Sorbate), Thickener (Pectin)], Matcha Powder. With Skimmed Milk: Ice, Skimmed Milk, Water, Strawberry Preparation [Sugar, Strawberry Puree, Natural Strawberry Flavouring with other natural flavourings, Acid (Citric Acid), Colour (Anthocyanins), Preservative (Potassium Sorbate), Thickener (Pectin)], Matcha Powder. With Whole Milk: Ice, Whole Milk, Water, Strawberry Preparation [Sugar, Strawberry Puree, Natural Strawberry Flavouring with other natural flavourings, Acid (Citric Acid), Colour (Anthocyanins), Preservative (Potassium Sorbate), Thickener (Pectin)], Matcha Powder.
Peach Ice Tea	Peach Ice Tea: Ice, Water, Peach Tea Syrup [Water, Sugar, Concentrated Lemon Juice, Tea Extract, Concentrated Peach Juice, Natural Flavouring, Natural Tea Flavouring, Sweetener (Steviol Glycosides), Preservative (Potassium Sorbate)].
Cloudy Lemonade	Cloudy Lemonade: Ice, Water, Cloudy Lemonade Base [Water, Sugar, Acid (Citric Acid, Natural Flavouring, Concentrated Lemon Juice, Natural Lemon-lime Flavouring with other natural flavourings, Emulsifiers (Acacia Gum, Glycerol Esters of Wood Rosin), Sweetener (Steviol Glycosides), Preservative (Potassium Sorbate)].
Pink Lemonade	Pink Lemonade: Ice, Water, Cloudy Lemonade Base [Water, Sugar, Acid (Citric Acid, Natural Flavouring, Concentrated Lemon Juice, Natural Lemon-lime Flavouring with other natural flavourings, Emulsifiers (Acacia Gum, Glycerol Esters of Wood Rosin), Sweetener (Steviol Glycosides), Preservative (Potassium Sorbate), Strawberry Preparation [Sugar, Strawberry Puree, Natural Strawberry Flavouring with other natural flavourings, Acid (Citric Acid), Colour (Anthocyanins), Preservative (Potassium Sorbate), Thickener (Pectin)].
Original Glazed Matcha Latte	With Oat Drink: Oat Drink with Added Vitamins and Minerals (79%) [Water, Oats, Rapeseed Oil, Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Carbonate, Potassium Iodide), Salt, Vitamins (D2, Riboflavin, B12)], Water, Original Glazed Syrup (9.3%) [Pure Cane Sugar, Water, Natural Flavours, Citric Acid], Matcha Powder. With Semi-Skimmed Milk: Semi-Skimmed Milk, Water, Original Glazed Syrup (9.3%) [Pure Cane Sugar, Water, Natural Flavours, Citric Acid], Matcha Powder.
Original Glazed Iced Matcha Latte	With Oat Drink: Ice, Oat Drink with Added Vitamins and Minerals (30%) [Water, Oats, Rapeseed Oil, Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Carbonate, Potassium Iodide), Salt, Vitamins (D2, Riboflavin, B12)], Water, Original Glazed Syrup (10%) [Pure Cane Sugar, Water, Natural Flavours, Citric Acid], Matcha Powder. With Semi-Skimmed Milk: Ice, Semi-Skimmed Milk, Water, Original Glazed Syrup (10%) [Pure Cane Sugar, Water, Natural Flavours, Citric Acid], Matcha Powder.